

### Product Spotlight: Eggs

Did you know that the thickness of egg shells depend on the age of the chicken? Young chickens lay eggs with harder shells, while old chickens lay eggs with thinner shells.



Nasi goreng means 'fried rice'. This fragrant Indonesian dish features diced ham & fresh vegetables, topped with satisfying pan-fried eggs and crispy fried shallots.





If you prefer, you can scramble the eggs and mix with the fried rice and vegetables.

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#### FROM YOUR BOX

BASMATI RICE	300g
TOMATOES	2
LEBANESE CUCUMBER	1
SPRING ONIONS	1/2 bunch *
GARLIC CLOVES	2
DICED HAM	200g
CARROT	1
CELERY STICKS	2
FREE-RANGE EGGS	4
FRIED SHALLOTS	1 packet (40g)

\*Ingredient also used in another recipe

#### FROM YOUR PANTRY (SEE NOTES)

oil for cooking (sesame or other), kecap manis or soy sauce, sambal oelek/chilli paste (optional), salt, pepper

#### **KEY UTENSILS**

large frypan, saucepan, small frypan

#### NOTES

We used sesame oil for extra flavour, but you can also use any neutral-flavoured oil or peanut oil.

If you don't have kecap manis, use soy sauce mixed with 1 tsp sugar or honey.

Sambal oelek/chilli sauce is completely optional. If you prefer, leave it out, or substitute with a mild sweet chilli sauce.

No pork option – diced ham is replaced with chicken stir-fry strips. Increase cooking time in step 3 to 5-6 minutes or until cooked through.



### **1. COOK THE RICE**

Place rice in a saucepan and cover with 1.5 x amount of water. Cover with lid, cook over low heat for 10–15 minutes. Remove from heat, let stand 5 minutes. Stir carefully with a fork.



### 2. PREPARE THE FRESH SIDES

Wedge tomatoes and slice cucumber. Place onto a plate.



### **3. COOK THE STIR-FRY**

Heat a large frypan or wok with **oil** over high heat. Slice spring onions (keep some green tops for garnish), add to pan with crushed garlic and ham. Stir-fry for 3 minutes. Dice and add carrot and celery, cook for a further 3 minutes.



# **4. ADD THE RICE**

Add cooked rice with **2-3 tbsp kecap manis and 1/2 tbsp sambal oelek** (see notes). Cook for 2-3 minutes until combined. Season with **salt and pepper**.



## **5. COOK THE EGGS**

Heat a second frypan over medium-high heat and fry the eggs to you liking.



#### **6. FINISH AND PLATE**

Serve rice with fresh sides, topped with an egg, fried shallots and reserved spring onion tops.



